



ASD Family Help

Autism Support in Wokingham

Autism is a lifelong disability and is sometimes known as an ASD (Autism Spectrum Disorder). It affects how a person makes sense of the world, processes information and relates to other people. These difficulties can create severe anxieties in people with autism that inhibit their ability to lead an independent life.

Asperger Syndrome is a condition within the autism spectrum used to describe people with autism who have fewer problems with communication and are often of average or above average intelligence.

ASD Family Help is an independent and voluntary group that offers support and advice to individuals on the autistic spectrum, their parents, carers and professionals within Wokingham Borough.

We aim to:

- Help improve services for children and adults with ASD
- Provide support for parents/carers
- Provide free advice and information
- Provide training across the Borough
- Raise awareness of ASD

Contact us

- For advice and information
- If you would like to receive emails & support

For enquiries about children (0-14 years) – mobile 07707 660599

For older children and adults (14+ years) – mobile 07554 303328

Email : contact@asdfamilyhelp.org **Web :** www.asdfamilyhelp.org