

Artburst is a creative and innovative educational workshop yielding confidence and a feeling of empowerment through the arts. Our unique workshop integrates drama, art, music and movement.



Building a Garden is a project that will involve constructing a sensory garden in the grounds of Heathermount. Using traditional tools and methods you will work alongside experienced qualified gardeners. The activity is designed for you to learn skills in horticulture and above all have fun.



Contempera Music is an interactive fun packed performance rock music workshop. You will have the opportunity to learn about stage performance techniques, rhythm workshops, learn how to play basic tunes, melodies and beats.



Sports and Leisure Activities Play and take part in a variety of organised fun sports activities at our neighbouring Charters School Sports and Leisure Centre. All the activities will be led by qualified sports coaches and instructors.



Heathrow Farm You will have the opportunity to work and be in contact with farm animals and rural activities including horse riding, animal care, welfare and gardening. All the activities are supervised by trained staff. Participants will travel by mini bus to and from Heathermount and the Farm.

Hug Radio Join our inclusive interactive radio workshop. Have loads of fun developing your communication skills to broadcast live. You will be part of a team and learn how to use how to use studio equipment.



All activities will be supported by additional staff who are experienced in working with children and young adults with ASC.

**Programme of Activities
Aiming High at Heathermount**



Wokingham
Aiming
High

