



## **Smiles for Sibs**

***Come along and MEET other Siblings***

**Thursday at Braybrooke Community Centre  
Makepiece Road, Bracknell  
from 4.30pm to 6.15pm**

**Throughout their lives, the needs of siblings often come second to that of a sibling with learning difficulties or a chronically ill brother or sister**

**Siblings are often carers too and may need time out and support**

**SPACES AVAILABLE  
'ME' TIME FOR SIBLINGS!**

### **What is Smiles for Sibs?**

**Smiles for Sibs is for children between the ages of 8 and 13 living with a learning-disabled brother or sister. The emphasis of the group is on the children having fun, trying out various activities and playing games together. It is an opportunity for them to be themselves, meet other siblings and share experiences with others in the group if they wish, or simply to make new friends, interact with the group and have FUN!**

**Regular activities include board games, card games, science experiments, cooking, table tennis, badminton, arts and crafts, photography and during the summer months playing outside together...**

***This group is term-time only and there is a small subscription of £1.00 per session.***

*To book a space for your child/children, call Wokingham, Bracknell & Districts Mencap on Tel: 01344 868076 or Email: [admin@bracknellmencap.org](mailto:admin@bracknellmencap.org)*