

# Behaviour Support For Parents

.....specifically for parents and carers of young people with a disability living within Bracknell Forest.....

This is a 6 hour basic behaviour management course for parents and carers of children and young people with disabilities. It will be covered over two 3 hour sessions and would ideally suit parents who have not undertaken any behaviour management training or who would like a refresher.

## **The course will cover information on:**

- What is behaviour and how we can modify behaviour
- Calming Strategies and Emotional Wellbeing
- Using scripts and other resources to aid with behaviour changes.

Parents who have already attended EarlyBird or EarlyBird plus may find this useful to reinforce strategies at home.

## **2012 dates:**

Tues 7th & Wed 8th Feb	10am – 1pm	Primary Professional Centre at The Pines
Tues 12th & Wed 13th June	5.30pm – 8.30pm	Primary Professional Centre at The Pines
Mon 17th & Tues 18th Sept	10am – 1pm	Primary Professional Centre at The Pines

We are unable to provide childcare. Parents must be able to attend both sessions. Light snacks and drinks will be provided.

Places will be allocated on a first come, first served basis. For further information please contact:

**Email: [parent.support@bracknell-forest.gov.uk](mailto:parent.support@bracknell-forest.gov.uk)**

**Telephone: 01344 354250**