



**friday night project**

**2012**



**Dimensions**  
there for the people we support

The Friday night project is set up to provide people of all ages in the Wokingham, Bracknell and Reading areas with learning disabilities to access a place where they can socialise, make new friends and gain new opportunities.

The Friday night project is also committed to creating employment opportunities for adults with learning difficulties.

We started in February 2005 as a social group pilot scheme of 23 people over the next year the group got so big we had to move to a bigger hall and from then on we have grown and grown and now have over 1000 members!!

We now provide 8 different services for people with learning difficulties in the Berkshire area –

Day Services

Holidays

Café

Respite Care

Trips

Events

Social Club

Fund Raising

In June 2011 the Friday night project became part of DCE which is Dimensions community enterprise. This is non-profitable organisation.

# DAY SERVICES

Our day service opportunities help people develop skills to continue living at home and also access a wide range of community facilities.

Our services include –

- Day trips
  - Music/drama sessions
  - Bowling, cinema and swimming
- And much more

We work with adults with a learning disability and people can use our service 7 days a week or on a planned basis for specific sessions or activities.

For more information and to book any trips or arrange day services please contact Jeanette –  
07817650682

# DAY SERVICES



TRIPS

BOWLING

CINEMA

MUSIC

DRAMA

GARDENING

SWIMMING



# DAY SERVICES

Calling all gardeners come and try your green fingers in the vineyard orchard and on the surrounding land, grow your own vegetables and pick your own fruit in our new project working within the community.



# DAY SERVICES

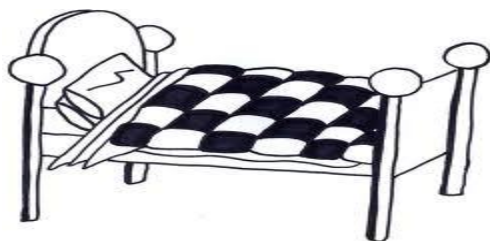
If you enjoy meeting new people and want to make some new friends come along and join us for one of our fantastic day trips in and around the beautiful sites of England. Seaside, zoos, theme parks, swimming, bowling, cinema and much, much more.

For more information and to book please contact

Jeanette – 07817650682

# RESPIRE OPPORTUNITIES

**WE OFFER RESPIRE OPPORTUNITIES FROM  
£140 PER NIGHT**



**FOOD, TRANSPORT, ENTERTAINMENT AND  
DAY TRIPS ALL INCLUDED**



**DOOR TO DOOR SERVICE  
FOR MORE INFORMATION AND TO BOOK  
PLEASE CALL JEANETTE – 07817650682**

**Respite care** is the provision of short-term, temporary relief to those who are caring for family members who might otherwise require permanent placement in a facility outside the home.

Respite programs provide planned short-term and time-limited breaks for families and other unpaid care givers of adults with a learning disability in order to support and maintain the primary care giving relationship. Respite also provides a positive experience for the person receiving care.<sup>1</sup> The term "short break" is used in some countries to describe respite care.

Even though many families take great joy in providing care to their loved ones so that they can remain at home, the physical, emotional and financial consequences for the family caregiver can be overwhelming without some support, such as respite. Respite provides the much needed temporary break from the often exhausting challenges faced by the family caregiver.

Respite is the service most often requested by family caregivers, yet it is in critically short supply, inaccessible, or unaffordable regardless of the age or disability of the individual needing assistance. While the focus has been on making sure families have the option of providing care at home, little attention has been paid to the needs of the family caregivers who make this possible.

# **CHRISTMAS BALL**



# **2012**



**THE FRIDAY NIGHT PROJECT WOULD  
LIKE TO INVITE YOU TO THE CHRISTMAS  
BALL 2012**

**AT THE CROWNE PLAZA HOTEL READING  
SATURDAY 24<sup>TH</sup> NOVEMBER 2012  
SUNDAY 25<sup>TH</sup> NOVEMBER 2012**

**3 COURSE MEAL WITH DISCO  
TIME – 6.00PM – 11.30PM  
MUST ARRIVE AT 6.00PM TO BE SEATED  
FOR DINNER**

**£25.00 PER PERSON  
DRESS TO IMPRESS**

**PLEASE CONTACT JEANETTE -  
07817650682**

**THE FRIDAY NIGHT PROJECT INVITES YOU TO OUR**

# **2012 HOLIDAYS**

**9<sup>th</sup> March – 12<sup>th</sup> March 60's Weekend**

**22<sup>nd</sup> June – 25<sup>th</sup> June 60's Weekend**

**27<sup>th</sup> July – 30<sup>th</sup> July Motown Weekend**

**24<sup>th</sup> August – 27<sup>th</sup> August Tribute Weekend**

**14<sup>th</sup> September – 17<sup>th</sup> September 50's and 60's  
Weekend**

**ALL AT OUR FANTASTIC VENUE AT WESTON  
SUPER-MARE**

**3 NIGHT HALF BOARD BREAKS £199pp £250pp IF  
SUPPORT IS REQUIRED BY FNP STAFF**

**FOR DETAILS AND TO BOOK PLEASE CALL**

**JEANETTE - 07817650682**

**THE FRIDAY NIGHT PROJECT INVITES YOU TO OUR**

# **TRIBUTE WEEKEND**



**24<sup>th</sup> AUGUST – 27<sup>th</sup> AUGUST 2012**

**A FANTASTIC WEEKEND FOR JUST £199pp  
£250pp WITH SUPPORT**

**HALF BOARD AND ASSISTANCE WITH TRANSPORT  
AVAILABLE**

**FOR DETAILS AND TO BOOK PLEASE PHONE  
JEANETTE – 07817650682  
MURIEL – 07929382813**

THE FRIDAY NIGHT PROJECT INVITES YOU TO OUR

# 60'S WEEKEND



9<sup>TH</sup> MARCH – 12<sup>TH</sup> MARCH 2012 OR  
22<sup>ND</sup> JUNE – 25<sup>TH</sup> JUNE 2012

A FANTASTIC WEEKEND FOR  
ONLY £199pp OR £250pp WITH SUPPORT

HALF BOARD AND ASSISTANCE WITH TRANSPORT  
AVAILABLE

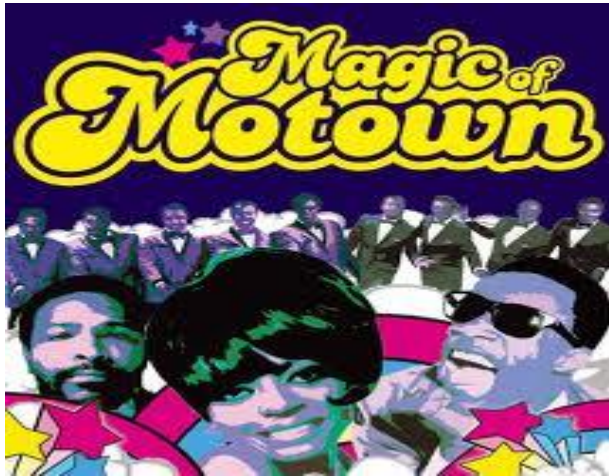
FOR DETAILS AND TO BOOK PLEASE PHONE

JEANETTE – 07817650682

MURIEL – 07929382813

THE FRIDAY NIGHT PROJECT INVITES YOU TO OUR

# MOTOWN WEEKEND



**27<sup>TH</sup> JULY – 30<sup>TH</sup> JULY 2012**

**A FANTASTIC WEEKEND FOR JUST £199pp  
£250pp WITH SUPPORT**

**HALF BOARD AND ASSISTANCE WITH TRANSPORT  
AVAILABLE**

**FOR DETAILS AND TO BOOK PLEASE PHONE  
JEANETTE – 07817650682  
MURIEL – 07929382813**

THE FRIDAY NIGHT PROJECT INVITES YOU

# 50'S AND 60'S WEEKEND



**14<sup>th</sup> SEPTEMBER – 17<sup>th</sup> SEPTEMBER 2012**

**A FANTASTIC WEEKEND FOR JUST £199pp  
£250pp WITH SUPPORT**

**HALF BOARD AND ASSISTANCE WITH TRANSPORT  
AVAILABLE**

**FOR DETAILS AND TO BOOK PLEASE PHONE  
JEANETTE – 07817650682  
MURIEL – 07929382813**

# **FRIDAY NIGHT PROJECT SOCIAL CLUB**

**The Friday Night Project was set up to provide a place adults with a learning disability in the Bracknell, Wokingham and Reading a place where they can meet and socialize, make new friends and gain new opportunities.**

**We meet every Friday evening from  
7pm – 9.30pm**

**Entrance fee £4.00**

**St Crispins Leisure Centre,  
London Road,  
Wokingham**

**Contact Jeanette – 07817650682**

**[www.fridaynightproject05.com](http://www.fridaynightproject05.com)**

# MINI BUS

**We at the Friday Night Project have our own 17 seat mini bus. This is available for private hire with a driver.**

**For details and to book please contact Jeanette –  
07817650682**

# BUFFETS

**WE PROVIDE HIGH QUALITY CATERING FOR ALL OCCASIONS FROM CIVIL CEROMONIES TO BIRTHDAY PARTIES. NO EVENT TO BIG OR SMALL! MENUS ARE PERSONALISED TO YOUR TASTE. FOR DETAILS AND TO BOOK PLEASE CONTACT JEANETTE - 07817650682**

# DAY TRIPS

**WE PROVIDE MANY DIFFERENT DAY TRIPS AND ACTIVITIES FOR ADULTS WITH LEARNING DIFFICULTIES. WE PROVIDE THE OPPORTUNITY FOR PEOPLE TO MAKE NEW FRIENDS AND HAVE A GREAT DAY OUT.**

**WE VISIT MANY DIFFERENT SITES AROUND ENGLAND INCLUDING – SEASIDES, THEME PARKS, THEATRES AND MANY MORE!!**

# BEKONSCOT MODEL VILLAGE



**COME AND JOIN US AT THE  
BEKONSCOT MODEL VILLAGE  
TICKETS INCLUDE TRAVEL, ENTRY  
AND PACK LUNCH  
£20**

# LONDON EYE, BOAT TRIP & 4D CINEMA

**COME AND JOIN US ON THE LONDON  
EYE, BOAT TRIP AND AMAZING 4D  
CINEMA!!**



**£40 INCLUDES TRAVEL, PACK LUNCH  
AND TICKETS**

**FOR DETAILS AND TO BOOK  
PLEASE CALL JEANETTE - 07817650682**

# **CALLING ALL CAR BOOTERS...**



**COME ALONG FOR A DAY OUT TO VARIOUS  
DIFFERENT CAR BOOTS AROUND SOUTH ENGLAND**

**JOIN THE HUSSLE AND BUSSLE OF THE CAR  
BOOTING WORLD AND GRAB YOURSELF A  
BARGIN!!**

**£25pp INCLUDES TRANSPORT**

**FOR MORE DETAILS AND TO BOOK PLEASE  
CONTACT JEANETTE - 07917650682**

# WEEKEND DAY SERVICES

ARE YOU BORED OF SITTING INFRONT OF THE TELLY EVERY WEEKEND??



WE AT THE FRIDAY NIGHT PROJECT OFFER WEEKEND DAY SERVICES DOING ANYTHING AND EVERYTHING THAT **YOU** WOULD LIKE TO DO!!

SO GET YOURSELF OUT AND ABOUT TO MEET NEW PEOPLE AND HAVE A FUN FILLED WEEKEND!!

PLEASE CONTACT JEANETTE – 07917650682 FOR MORE INFORMATION

# **FRIDAY NIGHT PROJECT**

## **COMMUNITY KITCHEN**

**COME AND JOIN US IN OUR KITCHEN AT  
GREAT HOLLANDS COMMUNITY CENTRE,  
MONDAYS AND WEDNESDAYS.**

**FOR A HOT MEAL, TEA'S, COFFEE'S, CAKES,  
SANDWICHES AND ROLLS  
OR JUST FOR A CHAT AND TO MEET NEW  
PEOPLE....**

**MEAL DEAL £4.50 – HOT DINNER,  
TEA/COFFEE AND PUDDING!**

**PLEASE CONTACT JEANETTE – 07817650682  
FOR MORE INFORMATION**

**GREAT HOLLANDS COMMUNITY CENTRE, THE SQUARE,  
GREAT HOLLANDS, BRACKNELL, BERKSHIRE, RG12 8UX**

