

Disability Inclusion Training

for all mainstream activity group leaders

The Me2 Club has been supporting children and young people with **additional needs** into **mainstream activities** for many years.

We have received funding from Wokingham Borough Council's Aiming High Programme to offer leaders of mainstream activities (anything from Brownies to Drama Club to Rock Climbing!) a series of **FREE workshops** on Disability and Inclusion.

The sessions are open to **any leader**, volunteer, play worker, young leader, youth worker, sports coach, etc. working in an out of school activity that is based in Wokingham Borough (or has children from Wokingham Borough attending).

Groups can already be involving children with additional needs, or not - **all are welcome**



Supporting Behaviour Difficulties

This workshop will discuss working with children with behaviour difficulties. It will explore 'challenging' behaviours and strategies to include these children. It will include behaviour management theory and practical scenarios.

Tues 9th Nov 2010 (5.30 - 8pm) - Wokingham
Wed 23rd Feb 2011 (2 - 4.30pm) - Wokingham

Introducing Disability

Looking at how differences and disability can be introduced to a mainstream group. This workshop will include discussion of different settings and explore methods and activities to make understanding difference accessible to mainstream children.

Tues 18th Jan 2011 (6 - 8pm) - Wokingham

Workshops cover a variety of topics, all are open to any group and each covers a different aspect of inclusion.

Adapting Activities

An interactive session looking at approaches and strategies that can be used to adapt group activities and ensure all are able to be actively involved, without detracting from the experience for mainstream children.

Tues 14th Sept 2010 (6 - 8.30pm) - Woodley
Sat 26th Mar 2011 (10am - 12.30pm) - Woodley



Epilepsy

An introduction to the different types of epilepsy, understanding what is happening, how to recognise different seizures, and what to do (and not to do) if a child has a seizure.

Mon 22nd Nov 2010 (10am - 12noon) - Wokingham



Strategies

A discussion session to address the particular needs of groups attending. Bring along a real life difficulty, or a scenario and the group and facilitator will work together to come up with strategies and ideas of how to address them.

'It was very informative, very interactive and I've thoroughly enjoyed it'



Autism

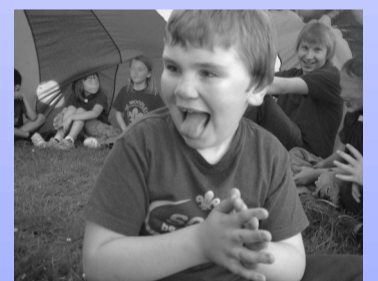
An introduction to autism, looking at the difficulties someone with autism may experience, and learning useful strategies to support and include them. *This workshop is delivered in partnership with the Wokingham Autism Partnership.*

Thur 30th Sept 2010 (6.30 - 8.30pm) - Wokingham
Wed 2nd Feb 2011 (1 - 3pm) - Woodley
Tues 10th May 2011(6.30 - 8.30pm) - Wokingham

Communication

A workshop looking at communication, particularly with people with little, no, or different verbal communication. The session will cover communication skills, and explore non verbal communication and recognising people's needs.

Wed 20th Oct 2010 (2 - 4pm) - Woodley
Mon 11th Apr 2011 (6 - 8pm) - Wokingham



'Was great to learn how to think outside the box, and the simple ways you can make such a difference to the inclusion of a child with additional needs'

Are you already involving young people with additional needs? Do you need **support and ideas** on how best to do this? Have you had to **turn someone away** because you didn't have the knowledge to include them?

The Me2 club can also offer you **individual advice and guidance** by visiting your setting and sharing our skills and experience. Contact us to find out more.



If you have any questions, would like to book onto workshops or would like further information (including venues) please contact: Emily Radford, Me2 Club Coordinator on 0118 969 6369 or info@me2club.org.uk or see www.me2club.org.uk