

A Health Clinic designed by young people, especially for young people, aged 11 to 19 years  
Run by a group of friendly, dedicated Specialist Nurses and Youth Workers

**Are you aged between 11 to 19 years old? Do you want help, advice, support or just someone to chat to?**

Diet, healthy eating and exercise

Pregnancy Testing

Smoking

Drinking

Bullying

Emergency Contraception -  
(Morning After Pill)

Relationships

Depression, feeling low!

Sexual Health

Stress

Drugs

Free Contraception - Pill, Injection,  
Implant—advice

Chlamydia Testing

Condom card -  
Free Condoms

Your Local Juice Points—No appointment needed. Just drop in

Thursdays 3.30 to 5.30

From 10 Jan 2011

Wokingham Hospital

Mondays 3.30 to 5.30

Barkham Road

Bulmershe Youth Centre

Wokingham

Woodlands Ave,

Follow signs at Reception

Woodley

**PRIVATE AND CONFIDENTIAL SERVICE**

(Unless we feel that you are in danger)

For further information phone Diane or Carrie on 0118 949 5078 or go to  
[www.getjuicy.co.uk](http://www.getjuicy.co.uk)