



# CAN

Newsletter for families of children with additional needs

# SPRING 2010

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Hello,

Spring is on the way, although it currently appears to be hiding beneath the snow. I hope that the weather has not caused too much disruption for you, but at the same time I hope you have all been out enjoying the snow and cold when you can.

This year, Wokingham Borough Council will receive increased funding for short breaks for children through the Aiming High Agenda. Money has been allocated to a wide range of projects, including some exciting new activities for children, increased sitting and short breaks, youth clubs, holiday clubs and therapies. See page 7 for more details.

As part of this, Wokingham is looking to recruit two new short break carers...these are full time positions, and will enable a number of children to have breaks away from home. If you know anyone that might be interested in the role (or you are yourself!) see page 8.

From Easter 2010 you will be able to hire specially adapted trikes and go-karts at Dinton Pastures and California Country Park. This is a free scheme and is open to all residents in Wokingham Borough. See page 4 for more information.

We are planning to have another CAN Day this year, but the date has not been finalised - however it is likely to be either the 26 June or 3 July. Please pencil into your diaries and I will let you know the exact date as soon as possible.

There's plenty going on - football, tennis and trampolining; swimming sessions (some free!), parenting courses, carers courses...the list continues. If you think your child would also be interested in taking part in a mainstream activity but would need more support, the Me2 Club has space for new children at the moment. See page 9 for details. Enjoy the next few months, and if you need information or support do get in touch, I'm always happy to help.

Best wishes,

*Lucy Skye*



Editor: Lucy Skye, CAN Information Officer  
Tel: (0118) 974 3750 Email: [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)



# All 4 Sport

## Wokingham Borough Council Sports Development

For children age five to 16 years. Parents must stay for the duration of the session. Cost £30 for 12-week course. Payment must be received in advance. All activities take place at Loddon Valley Leisure Centre, Rushey Way, Lower Earley, RG6 4GD.

### Mini Soccer

Basic football skills including passing, dribbling, coordination and teamwork.

**Mondays from January 4 to March 22, 5.30pm to 6.30pm**

### Tennis

Basic tennis skills including games, coordination and agility.

**Wednesdays from January 6 to March 24, 5.30pm to 6.30pm**

### Trampolining

Basic trampolining skills including fun games and activities.

**Thursdays from January 7 to March 25, 5.15pm to 6.15pm**



Booking forms can be downloaded from the Council website or contact:

Tel: 0118 974 6264

Email: [all4sport@wokingham.gov.uk](mailto:all4sport@wokingham.gov.uk)

[www.wokingham.gov.uk/all4sport](http://www.wokingham.gov.uk/all4sport)

## Free Swimming for Under 16s

From January 2010 to March 2011 all children under 16 and adults over 60 years can swim for free at any of the local leisure centre swimming pools:

- ★ Bulmershe Leisure Centre, Woodley
- ★ Loddon Valley Leisure Centre, Lower Earley
- ★ Carnival Pool, Wokingham

You will need to pay £2 and register to take part in the scheme. Pick up a registration form from your local leisure centre or download from the Council website at [www.wokingham.gov.uk](http://www.wokingham.gov.uk) (type 'free swimming' into the search box).

Proof of age is required to register, which can be a birth certificate or passport. You will then receive an ID card that you can use to access free swimming at any of the public swim sessions.

If your child has a CAN Card, they and a carer supporting them will both go **free** - no-cost swimming for both of you!

## Family Swim Sessions



**Free monthly family swim sessions** at the Carnival Pool continue again in 2010. The sessions are for all families with children with additional needs and take place on one Saturday per month from 6.30pm to 7.30pm.

Toys, swim equipment, floats and disabled changing are all available. Hoists can be used to help you enter the water.

Dates this year are: February 6, March 6, April 3, May 8

**Friday night swimming** for families with children with additional needs continues every Friday evening from 6.15pm to 7pm. Cost £1.50 and carer goes free. All siblings are welcome.

Carnival Pool, Wellington Road, Wokingham, RG40 2AF

Tel: 0118 977 0007



# Wokingham Mencap

## Children's Activity Club

Activity Club for children with learning disabilities and their siblings. Activities include arts, crafts, sports and cookery. Parents need to stay on the premises and there is a café area to relax in. Cost £2 per session.

The Club meets at Crescent Resource Centre, Warbler Drive, Lower Earley, RG6 4HB.

Spring dates: January 16 and 30, February 13 and 27, March 13 and 27.

## Siblings Club

For siblings of a child with any disability or additional need. A chance to have some 'me' time and take part in different activities. Activities this term include creating Snow pictures and 2010 calendars, making erupting volcanoes, plying with Hama Beads, cooking in the kitchen, and making, tossing and eating Pancakes.

Groups meet during term time. Cost £1 per session.

**Woodley Sibs** meets Mondays from 4.45pm to 6.30pm at Woodley Airfield Youth Centre, Hurricane Way, RG5 4UX.

**Wokingham Sibs** meets Thursday from 5pm to 6.45pm at Bradbury Centre, Rose Street, RG40 1XS.

To book a space or for more information:

Tel: 0118 979 8539

Email: [admin@wokinghammencap.org](mailto:admin@wokinghammencap.org)



# Reading Mencap

**Reading Mencap Siblings Club** is looking for new members. Children need to be over eight years old and have a close family member with a learning disability (it doesn't need to be a sibling). It holds a variety of indoor and outdoor activities including trips out ice-skating and bowling every school holiday.

For more information contact Helen Hart or Ali Carroll on 0118 966 2518.

**Saturday Club** has spaces for children age four to 12 years with a learning disability. The club meets on Saturdays and activities include arts, crafts and games.

**Friday Club** is for young people age 11 to 16 years. It's similar to a mainstream youth club but offers a little more supervision. There are also trips out and themed evenings. Spaces are currently available.

All clubs take place at Reading Mencap, 21 Alexandra Road, Reading, RG1 5PE.

For more information or to book a place:

Tel: 0118 966 2518

Email: [reading-mencap@btconnect.com](mailto:reading-mencap@btconnect.com)

[www.readingmencap.org.uk](http://www.readingmencap.org.uk)





**NEW!**

## Free Trike Hire



### Dinton Pastures and California Country Park

From Easter 2010 you will be able to hire specialist trikes at two local country parks.

There are four Tomcat trikes suitable for children ages 4 to 16 years which come with pedal, back and seat supports. They can be easily connected to an adult bike for increased safety. There are also two pedal go-karts for young people aged 12 and above, a chance to try something a little bit different!

If you want to take part in the scheme, you will need to complete a registration form and have short training session on how to use and adapt the trikes. Once signed up, you will be able to come along and use the trikes at the park whenever you want. You will need to bring your own cycle helmets.

Specific details of the scheme still need to be finalised and the launch date is yet to be announced. If you want to be kept updated and sent information nearer the time please contact:

Tel: 0118 974 3750

Email: [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)



### Crossroads Holiday Club

Crossroads Holiday Club will be running this year from August 2 to 27 from 10am to 2pm each week day The Club is open to children up to 11 years old. It is free for all families within Wokingham Borough, and siblings can also attend if they are in this age range.

It offers 1:1 support from trained staff and volunteers and staff are qualified to administer tube feeding. Activities include painting, football, picnics, ball pond, slides, magicians and music making.

If you would like to access the Crossroads Holiday Club you will need to be assessed for a place. It is advisable that you do this as soon as possible to be sure of a space.

For more information or to request an assessment:  
Tel: 0118 979 5324  
Email: [crossroads@wokingham10.orangehome.co.uk](mailto:crossroads@wokingham10.orangehome.co.uk)

### Crossroads Sitting Service

**Do you want an evening out?**

Crossroads Sitting Service offers ad-hoc respite for parents and carers.

If you would like to have an evening out, meet up with family, or attend another function, they may be able to help.

Contact 0118 979 5324 for more information.



# Carers Take a Break

A range of courses are available locally for all carers. They take place at a variety of locations across the Borough and are held in a relaxed and friendly environment.

**Tai Chi** - enjoy Chinese exercise for health and well-being.

Mondays from February 22 to March 22, 1pm to 2.30pm  
Bradbury Community Centre, Wokingham

**More Internet Shopping** - gain confidence shopping online.

Tuesdays from January 12 to February 9, 1pm to 3pm  
Woodley Hill House, Woodley

**Ceramics** - make pots and use glazes, all materials provided.

Wednesdays from January 13 to February 10, 10am to 12noon  
Woodley Hill House, Woodley

**Creative Crafts** - learn to make a variety of crafts and cards, all materials provided.

Wednesdays from January 13 to February 10 OR February 24 to March 24, 10am to 12noon  
Woodley Hill House, Woodley

**Yoga** - try gentle, balanced exercise and relaxation.

Wednesdays from January 13 to February 10, 1pm to 2.30pm  
Woodley Hill House, Woodley

**Helping you to help yourself** - learn to de-stress, relax and feel better overall.

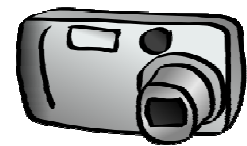
Thursdays from February 25 to March 18, 9.30am to 12.30pm  
Woodley Hill House, Woodley

**Digital Photography** - build on your photography skills using a digital camera and computer.

Thursdays from January 14 to February 11, 1pm to 3pm  
Woodley Hill House, Woodley



For more information or to book onto a course call 0118 984 7600



## Berkshire Autistic Society Speaker Meetings

All meetings take place on a Thursday from 7pm (7.30pm start) at the Salvation Army Church, Chalfont Close, Lower Earley, RG6 5HZ.

January 21	Dr Catherine Tissot <i>Transitioning from Child to Adult Services</i>
February 18	Catherine Bernie <i>Managing the Behaviour of Children with ASD</i>
March 18	Brenda Nally on the work of Oxford Brainbank
April 22	Professor Tony Chapman <i>Social Cognitive Development</i>
June 17	Graham Malcolm of United Voices in Slough <i>Self Advocacy for Adults</i>

Cost per meeting is:

Members - £5 parents/carers (concessions and children free), £10 professionals

Non-members - £12 parents/carers, £17 professionals

Places for all talks must be booked in advance. Contact:

Tel: 0118 959 4594

Email: [contact@autismberkshire.org.uk](mailto:contact@autismberkshire.org.uk)

[www.autismberkshire.org.uk](http://www.autismberkshire.org.uk)



## Benefits Information Booklet

A new benefits information sheet is now available. This has details of all benefits relevant to families with disabled children or adults, and includes easy-to-read flow charts to help you work out what you may be eligible to claim.

To request a copy, complete and return the form on page 11 or contact:

Tel: 0118 974 3750

Email:

[lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)

## Wokingham Information Network (WIN)

WIN is a new service offering a one-stop-shop for information about help, support and services for children, families and vulnerable adults.

The Family Service Directory has details of activities, schools, early learning, childcare and parenting support. There is a specific section covering learning difficulties and disabilities.

The Adult Information Directory covers accommodation, health support, leisure, employment and more.

It is available online at: <http://info.wokingham.gov.uk>

Or visit [www.wokingham.gov.uk](http://www.wokingham.gov.uk) and follow the link.

For advice by telephone, contact:

Family Services Directory - 0118 935 2255

Adult Information Directory - 0118 974 6772

Want to add an entry to the Directory? Contact 0118 974 3750 or email [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)



### SCOPE Cerebral Palsy Guide

SCOPE has a new **free** guide for parents of children with cerebral palsy.

It contains a wide range of information and advice on everything from feeding and play to special educational needs, including details of local and national support services. The guide is aimed at families with a child under five years old and includes a CD with tips for playing and adapting play for children.

For more information visit [www.scope.org.uk](http://www.scope.org.uk)

To order your free copy contact:

Tel: 0808 800 3333

Email: [response@scope.org.uk](mailto:response@scope.org.uk)



### V&A Museum

The V&A Museum in London has a wide range of exhibitions open to the public, covering fashion, design and various art topics.

There is an entry fee to some, however all disabled people can get in **free**. There is also free entry for up to two carers with each disabled person.

No 'proof' of disability will be needed, you will be taken at your word.

Tickets can usually be booked in advance. Visit [www.vam.ac.uk](http://www.vam.ac.uk)

Contact:

Tel: 0207 942 2211

Email: [bookings.office@vam.ac.uk](mailto:bookings.office@vam.ac.uk)



### Virgin Atlantic

If your child needs postural support when flying on aeroplanes, Virgin Atlantic are now using the Burnett Body Support System. This is a system of various sized cushions filled with beads, which can be inflated and deflated to provide posture management. It covers from head down to knee crease and can be used in combination with a Crelling Harness for children who have difficulty sitting upright.

At the moment, this is the only flight company offering this system.

For Virgin Atlantic disability information contact:

Tel: 0844 412 4455

[www.virgin-atlantic.co.uk](http://www.virgin-atlantic.co.uk)

For details about the Burnett Body System contact:

Tel: 01702 527 401

[www.rbf-products.co.uk](http://www.rbf-products.co.uk)





# Aiming High



## What has been done so far?

The Aiming High Agenda (increasing short breaks for disabled children) has been progressing well and there has been a 35% increase in the number of short breaks taken by children and families. Developments to services are continuing, and decisions are being made about the allocation of funding for 2010/2011.

*There is still a lot to be done, but we also want to celebrate what has been achieved so far!*

Specifically:

- ★ The Short Break Carers Service has been expanded and the number of carers increased
- ★ Crossroads Caring for Carers has provided an increased sitting service to children and families (10 in total so far)
- ★ All 4 Sport has run weekly trampolining, football and tennis activities and free monthly family swim sessions; it has also given 1:1 support to children at mainstream clubs
- ★ Explorers Youth Club has run several overnight trips for its young people with over 50 benefiting from each outing
- ★ An 'in house' paid sitting service with sessional support offering home-based packages of care is well in development
- ★ Six specialist trikes adapted for children with physical disabilities have been purchased for Dinton Pastures and California Country Park
- ★ Two specialist hoists have been purchased for Carnival Pool to assist access into the water
- ★ A range of multimedia equipment is available for free loan to groups and individuals involved in consulting with children (including laptop, camera and camcorder)

## What is planned for the future?

As well as continuing the developments from the past year, future plans include:

- ★ Developing day services at Ryeish Green Health Resource
- ★ Providing holiday activities for children and young people with Autism
- ★ Providing social skills groups for children with Autism
- ★ Increasing training for mainstream groups, support and play workers to assist inclusion for children in mainstream activities
- ★ Continuing to expand short break care and sitting services
- ★ All 4 Sport will offer an increased range of activities including a climbing wall, water sports, teen gym and Saturday morning club; it will also provide a specialist holiday activity club; and it will increase the number of children it provides 1:1 support to at mainstream activities
- ★ Crossroads Caring for Carers will offer further respite and ad hoc sitting services
- ★ Drama groups for children with Down Syndrome
- ★ Horticultural therapy for children with Profound and Multiple Learning Disabilities
- ★ A specific support for disabled children from BME communities
- ★ Bi-monthly swimming for families with Autistic children
- ★ A youth club for young people with challenging and complex needs
- ★ Saturday provision at Thumbs Up Club during holidays

Further achievements include:

- ★ Supporting the establishment of REACH Parents' Forum which is working successfully with local families
- ★ Children's consultation is taking place across local groups - all are getting their voices heard and participation in services is increasing
- ★ Information on services and support is available in a variety of formats – this is increasing and continuing to be expanded as required and requested
- ★ Evolvement of a 'one stop shop' point of contact for families, children and professionals – one telephone number, email address and drop-in service

Any questions or want to know more?

Contact:

Tel: 0118 974 3750

Email: [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk) or [neil.williams@wokingham.gov.uk](mailto:neil.williams@wokingham.gov.uk)

## Care and support where it's needed most

Fee Paid Carers Wanted!

£200-£330 per week, plus generous allowances, home-based



Our Short Break Carers Scheme is an exciting, dynamic and developing service that you could be part of. In this challenging, full-time role, you'll be self-employed, linked to several disabled children, welcoming them into your home for short breaks. In return, we provide a comprehensive and on-going training package, as well as regular support and supervision. Funding is also available for any necessary adaptations to your home.

For more information, please contact the Short Break Carers Scheme on 0118 974 6999/6890 or email: [short.breaks@wokingham.gov.uk](mailto:short.breaks@wokingham.gov.uk)

Wokingham is an equal opportunities employer.

## Parenting Courses

### **Positive Parenting: Time Out from ADHD**

For parents of primary school children with ADHD or ADD. A chance to talk about what ADHD is, managing hyperactive and attention deficit behaviours, and coping strategies. Places are free but limited so book in advance.

Wednesday May 5 and 12 from 7.30pm to 9.30pm at The Starlings Children's Centre, Colleton Drive, Twyford, RG10 0AX.

### **Parent to Parent on Additional Needs**

A practical course for parents of children in mainstream primary school with identified additional needs. Topics covered include encouraging self esteem, managing behaviours, coping with your feelings, family issues and boundaries. Places cost £20 per person or £30 per couple (free to all on income support). No parents are ever turned away for financial reasons. Places are limited, please book early.

Wednesday March 3 to April 28 (five-week course) from 7.30pm to 9.30pm at The Starlings Children's Centre, Colleton Drive, Twyford, RG10 0AX.

For more information or to book a place contact:

Tel: 0118 908 8067/8068

Email: [parenting.project@wokingham.gov.uk](mailto:parenting.project@wokingham.gov.uk)

[www.wokingham.gov.uk/parenting](http://www.wokingham.gov.uk/parenting)



## Cookery Workshops

Local chef and nutritionist Christine Bailey is running a number of cookery demonstrations this year. Each course includes nutritional advice, cookery demos, food tastings, and the chance to have your questions answered.

All courses run on a Saturday from 11am to 4pm at The Centre for Nutrition Education, 2 Edward Court, Wellington Road, Wokingham, RG40 2AN.

March 27 Healthy Easter Treats for Children and the Family

April 25 Weight Loss for the Summer: Low GI Cooking

May 23 Fuel for Sport: Competitive Athlete Day

June 20 Nutritional Support for Breast and Hormonal Cancers

July 17 Healthy Seasonal Summer Cooking

September 4 Healthy Packed Lunches

For more information or to book a place contact:

Tel: 0118 979 8686

Email: [chris@cnelm.co.uk](mailto:chris@cnelm.co.uk)



## Me2 Club

Would your child like to take part in a mainstream activity? Do they need a little more support?

The Me2 Club is currently able to take on more children. The Club can provide volunteers to support children with additional needs to attend mainstream activities. Children are currently being supported at Guides, Scouts, trampolining, football, karate and ballet, enabling them to meet with their peers and have some fun!

Children are carefully matched and volunteers are fully trained. Children aged 5 years and above can be supported.

To see how the Club can help your child, contact Emily or Amy on 07821 858 852 or 0118 969 6369

Email: [info@me2club.org.uk](mailto:info@me2club.org.uk)  
[www.me2club.org.uk](http://www.me2club.org.uk)



## DCSF Disabled Childcare Funding

The Government is launching a national scheme to support parents with disabled children to access suitable childcare. This is as a result of successful pilots operating across the country.

Each Local Authority will receive at least £59,000 of funding. Some of this money will go towards recruiting 'Parent Champions' - parents who have experience of using childcare for their own disabled children, helping other parents to understand the services and support available to them. More information will be available in a few months time.

In the meantime if you are looking for childcare, there are a number of local childminders and childcare providers who can support children with a wide variety of additional needs.

Contact the Family Information Service who may be able to help on 0118 935 2255 or email [fis@wokingham.gov.uk](mailto:fis@wokingham.gov.uk)

## Kitchen Capers

Amanda Giles is a CAN Network parent who runs local company Kitchen Capers.

Kitchen Capers runs cooking parties for children aged four to 16 and dinner parties for children aged 11 to 16. Children learn how to measure, mix and cook their own party menu. Parties and recipes can be tailored to children's interests and needs.

Amanda has a lot of experience working with children with disabilities and has run a number of parties for children with ASD, Aspergers, ADHD, Down Syndrome and physical and behavioural needs.

She is currently offering a very generous 15% discount to all CAN Network members.

Tel: 07917 412896/412897

Email: [admin@kitchencapers.co.uk](mailto:admin@kitchencapers.co.uk)  
[www.kitchencapers.co.uk](http://www.kitchencapers.co.uk)



## FREE Home Computing

If you are on a low income and have a child in school Year 3 to Year 9 (age seven to 14) then you may be eligible for funding to get a free computer and internet access at home.

You will need to receive at least one of the following benefits:

- Free school meals
- Income-based Job Seekers Allowance
- Income Support
- Child Tax Credit (income less than £16,040)
- Income-based Employment Support Allowance
- Guaranteed Pension Credit
- Support under Part VI of the Immigration and Asylum Act

You can choose to apply for a computer with internet access and support, just the computer and support, or just the internet access and support.

For more information and to request an application form:  
[www.homeaccess.org.uk](http://www.homeaccess.org.uk)  
Tel: 0333 200 1004



## Sense Toys

Sense Toys is a company providing toys and learning resources specifically for children with additional needs. All items have been identified as being particularly helpful or enjoyable for children. A wide variety of stimulating toys is available.



### Chewy Necklace and Bracelet

Colourful chewery that can be worn and chewed on when children need (rather than clothing or other items). Ideal for children with learning or sensory needs.

### What Do I Do? - Behaviour At School Book

Interactive reading book for children with special educational needs. It uses clear pictures to help teach appropriate school behaviours, so that children can learn what is expected of them in a school environment. The book covers turn taking, queuing, sitting quietly and talking in class etc.



### Fabric Skill Book

A small fabric book designed for children to practice the skills of using a zipper, popper, buckle, button, Velcro and a snapper. It also teaches the names of items of clothing.

[www.sensetoys.com](http://www.sensetoys.com)

## Special Needs Friendly Film Screenings



There are now a number of different special needs cinema film screenings running weekly and fortnightly. If you would like to be added to my mailing list for up to date information, please send me an email at [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)

**A for Film** is for children with additional needs and their families. It runs at VUE cinema in Reading on Sunday mornings at 9.30am and doors open at 9am. Tickets cost 95p each for a carer and a child. They can be bought on the door or in advance by telephone on 08712 240240. Siblings are very welcome.

**Big Film Club** is for young people and adults with additional needs and their families and carers. It runs at VUE cinema on Thursdays (either morning or afternoon). The sort of films shown will alternate each week - one week will be a film rated 12A or under, and the next week will be a film with a more adult theme (usually rated 12A, 15 or 18). The general public will be able to attend the screenings, but will be made aware that the lights will be left up and the sound turned down a little. Tickets cost £5.75 each.

For more details about the Big Film Club or A for Film contact Chris Roberts on 07711 004034 (Chris cannot take ticket bookings).

**ODEON** special needs screenings are held in Bracknell fortnightly on Saturday mornings at 10.30am. Doors open at 9.30am. Tickets cost £2.50 per child with the carer going free. Siblings are very welcome. Contact Odeon for more information on 0871 224 4007.

## New Local Cerebra Support Worker

The charity Cerebra has a new regional support worker. Vanessa Taylor is based in Reading and covers the South East. She can offer a wide range of services for families of children with brain related/neurological conditions, which are all completely free of charge. Some of the services Cerebra provides include:

- Parent to parent contact
- Newsletters
- Specialist legal and stress counselling services
- Sleep services
- Postal lending library
- A grant scheme for children
- E-Learning (internet based) accredited courses
- A wills and trust scheme



Vanessa can help you to fill out forms, apply for benefits, act as an advocate, help with solicitors and much more.

Contact her on:

Tel: 07771 353 740

Email: [vanessat@cerebra.org.uk](mailto:vanessat@cerebra.org.uk)

[www.cerebra.org.uk](http://www.cerebra.org.uk)

## Auti Plan

Auti Plan is online computer software that you can use to create daily planners. It was developed by a parent of a child with autism to save time.

It is completely free to use, and through the use of templates you can create daily plans complete with pictures and clocks in only a few minutes. There are over 3,000 pictograms available.



[www.autiplan.com](http://www.autiplan.com)

## Disability Information Booklets

- |  |   |
|--|---|
| <input type="checkbox"/> Angelman Syndrome<br><input type="checkbox"/> Autistic Spectrum Condition<br><input type="checkbox"/> Cerebral Palsy<br><input type="checkbox"/> Charcot-Marie-Tooth Disease<br><input type="checkbox"/> Cornelia De Lange Syndrome<br><input type="checkbox"/> Cri du Chat Syndrome<br><input type="checkbox"/> Down Syndrome<br><input type="checkbox"/> Edward's Syndrome<br><input type="checkbox"/> Encephalitis<br><input type="checkbox"/> Fragile X Syndrome<br><input type="checkbox"/> Hearing Impairments<br><input type="checkbox"/> Learning Difficulties<br><input type="checkbox"/> Speech and Language Difficulties | <input type="checkbox"/> Attention Deficit Hyperactivity Disorder (ADHD)<br><input type="checkbox"/> Brittle Bone Diseases<br><input type="checkbox"/> Challenging Behaviour<br><input type="checkbox"/> Chromosome Disorders<br><input type="checkbox"/> Craniofacial Conditions<br><input type="checkbox"/> Dandy Walker Syndrome<br><input type="checkbox"/> Dyspraxia<br><input type="checkbox"/> Ehlers-Danlos Syndrome<br><input type="checkbox"/> Epilepsy<br><input type="checkbox"/> Guillain-Barre Syndrome<br><input type="checkbox"/> Hydrocephalus<br><input type="checkbox"/> Muscular Dystrophy<br><input type="checkbox"/> Visual Impairments |
|--|---|

Each booklet is between two and 20 pages long, and contains information about: the disability/condition, the possible causes/triggers, how a diagnosis is made, support methods and therapies, and ongoing development of the disability/condition.

Please select the box for the booklet/s you require.

### Information Sheets

Sheet Title	ASD	Learning Difficulties	Physical Disabilities
Early Years and Play			
Toilet Training			
Early Years (Nursery) Education			
Food and Feeding			
Sleeping Difficulties			
Starting Primary School			
Bullying at Primary School			
Moving to Secondary School			
Bullying at Secondary School			
Transition (starting at 14 years old)			
Sibling Support			
<b>Benefits Information *New*</b>			

These are being expanded upon and continually developed. If there is a specific disability or topic not yet covered, please contact me and I would be happy to create one for you.

If you would like any of the sheets, please complete your details and return to the address below. Alternatively, you can email me at: [lucy.skye@wokingham.gov.uk](mailto:lucy.skye@wokingham.gov.uk)

Your Name: .....

Address:.....

RETURN TO: Lucy Skye, Family Information Service, Highwood Annexe,  
 Wokingham Borough Council, FREEPOST 147, Council Offices, Shute End, Wokingham, RG40 1GY



Please note that there are children with a wide range of additional needs included on the CAN Network, and therefore not all information that we send out may be relevant to you. If you receive information that is not appropriate for your child, please disregard it.

*The information supplied by the Wokingham Borough Family Information Service has been obtained from a variety of organisations and agencies. Whilst every effort is made to provide accurate and up to date information, no guarantee can be given.*

*The information provided is not in any way intended to be a recommendation of suitability or quality of provision/service.*

*Wokingham Borough FIS accept no responsibility for loss or damage arising from use of any service/activity.*



For more information please feel free to contact:

Wokingham Borough Family Information Service  
The Ambleside Centre  
Ambleside Close  
Woodley  
RG5 4JJ  
Tel: 0118 935 2255  
Email: FIS@wokingham.gov.uk  
www.wokingham.gov.uk/fis

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Niniejszy informator zawiera opis usług dostępnych w miejskim wydziale informacji dla rodzin obszaru Wokingham. Jeśli potrzebujesz wsparcia ze zrozumieniem tekstu, zadzwoń na numer **(01753) 701159**.

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نیو کام کا نمبر بھی یہی ہے۔ (01753) 701159

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這張卡解釋有關佛敬威區家庭資訊服務可提供的資料詳情。如果你需要別人協助以了解其內容，請致電：(01753) 701159