

T.G.I.F Social Group

(Thank Goodness It's Friday!)

The T.G.I.F monthly social group is for young people aged 18 to 30 with a high functioning Autism Spectrum Condition or Asperger Syndrome and will be held on the first Friday of each month

Ten Pin Bowling

7.30pm Friday 2nd July 2010
Hollywood Bowl, Bracknell

Whether it is your first time or whether you are a regular, Ten Pin Bowling is always a fun night out.

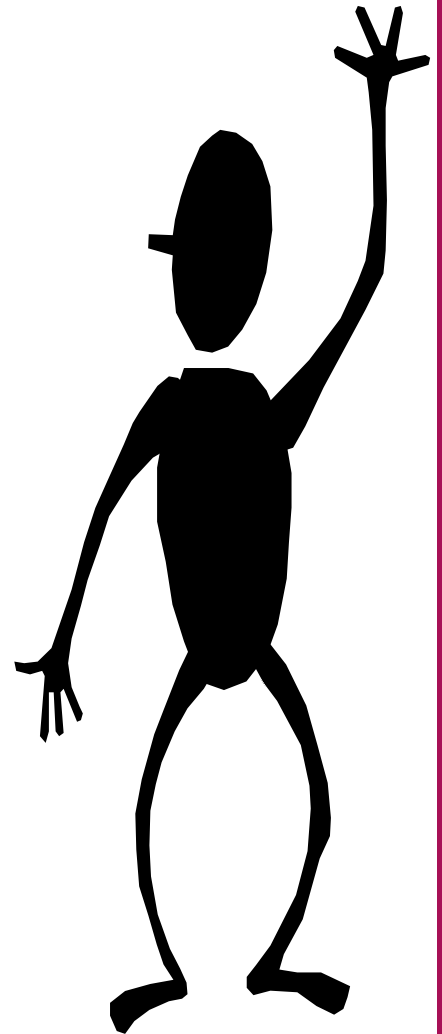
We plan to have a couple of games over the evening and for those who want food, drink or other activities there is a bar and café

Estimated cost of the evening:

£8 for 2 games of bowling for approximately 2 hours
(Please bring extra money for any food or drinks)

****If you wish to come please let Paula know by Tuesday 29th June so we can book lanes in advance and we will tell you where the meeting point will be. (If you want to just come and watch please let Paula know too)**

Contact Paula on 01344 868076 or
paula@bracknellmencap.org



You can bring a friend, partner or family member with you who is also aged 18 to 30



For information about activities, times, locations and how we can support you or someone you know to attend the group please call Paula at Bracknell Mencap on 01344 868076 or email paula@bracknellmencap.org