



Wokingham  
Learning Disability  
Partnership Board

# Family Carer Workshops

The Relationships Sub Group of the Partnership Board, is working to ensure people with learning disabilities have the same opportunities as others to develop fulfilling relationships.

Family Carers play a vital and sometimes challenging role in ensuring this happens. We asked family carers what information and guidance they would like in relation to this. We are running 3 workshops based on this feedback:

## WORKSHOP 1: Promoting Positive Self Esteem and Social Skills

10am –1pm | Thursday 25th March 2010

## WORKSHOP 2: Emotional Development and Sexuality

10am –1pm | Tuesday 26th June 2010

## WORKSHOP 3: Sexual Health and Personal Relationships

10am –1pm | Wednesday 6th October 2010

*The workshops are **free** and light refreshments will be provided. Attendance at all 3 workshops is **not** required, we do however request that you **book your place in advance**.  
The workshops are suitable for **carers of people aged 16 years and over**.*

*All workshops will be held in the Luke Room at the **Bradbury Community Centre**, Rose Street Wokingham.*

*A pay and display car park is located next to the venue, however there is a **maximum stay of 2hours**. The nearest all day car park is Easthampstead Road.*

**To book a place or find out more please  
Call: 05600 766 114 or  
Email: [admin@partnershipboard.org.uk](mailto:admin@partnershipboard.org.uk)**