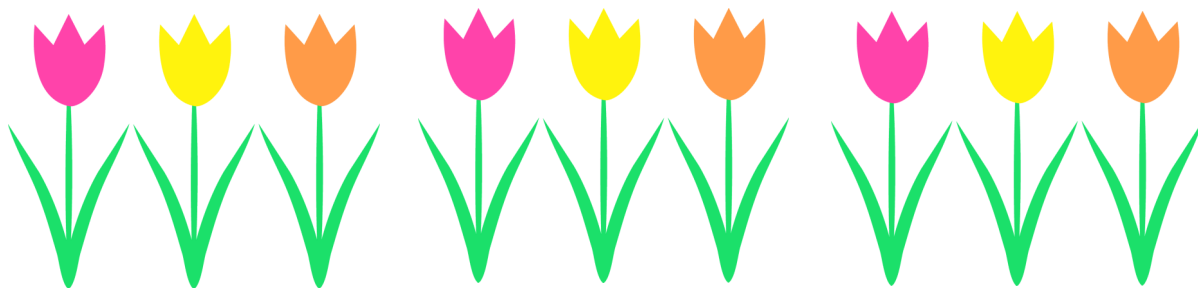


ASD Family Help

Registered Charity No. 1135718

Newsletter Spring 2018



ASD Family Help is a 'User Led' independent & voluntary group created by parent/carers in Wokingham in 2005. Offering free support and advice to people, and their carers, affected by Autism. We provide information, advice, support, signposting, training, social activities & events across the Borough.
Our aim is to encourage engagement in local communities for all.

Coming soon.....

Family Matters Course -Sept 2018 in WEST BERKS

NEW Website

More Slime Workshops

Details of all our events will be on our Facebook page:
[Facebook.com/ASDFamily](https://www.facebook.com/ASDFamily)



Families News

Easter Party



3rd April

Held again at BFTF, a fun session which gave the whole family the opportunity of attending an Easter Egg hunt.

There were easter themed craft, plus the usually soft play, sensory room and games room.

Each child was given a small chocolate gift as they were leaving :)

"Had a great time"

G

"We had so much fun :)"

T,K & Z

Slime Workshop



4th April

Held at the FBC in Finchampstead. This was our first attempt at a slime workshop and it was so popular that the tickets sold out within minutes.

It was very messy and a lot of fun for the whole family, we will definitely be doing another one soon!!!!

D won't touch anything gooey, however with a little encouragement he was handling the slime :)

The session was a great success

M

Children's News

NEW: Monday night Martial Arts

Our new session is now up and running and so successful that its already full with a waiting list

Adult News Wokingham—3 Frogs Club

Bowling & Meal evening—19th March

Back by popular request , we arranged another Big Night Out at Wokingham Superbowl. 9 of our members/carers attended and got quite competitive at times!!

This was followed by a meal and a few games of pool.



Adult News West Berks-3 Frogs Club

Following the 3Frogs Club move to The Crucible Newbury which our members chose, it has enabled our members in many ways. Previously, some of members have been shy and therefore ordering their food and talking to new people can be a challenging task. However, the majority of our members have been able to talk to new people whilst at the pub group due to this move. This has furthered their social skills, decreased their social isolation and benefitted their interaction with one another. By ordering their food and drink, this has developed their independence as all our members are now able to order independently.

Whilst at The Crucible our members like to have dinner, play pool against one another, play darts and chat to each other. These opportunities allow our individuals to increase their confidence, self-worth and self-esteem leading to a improved mental wellbeing.

If you would like further information on 3Frogs Club please contact briony@asdfamilyhelp.org



Training Courses

Family Matters -

We will be running 4 courses during the year and have expanded to West Berks.

Dates:

Sept/Oct 2018—West Berks (Fri AM)

Jan/Feb 2019—Wokingham (Fri AM)

Jan/Feb 2019—West Berks (Tue Evenings)

Other News

We are pleased to welcome Donna and Heidi to our team.

Sadly we will be saying goodbye to Shannon,
who is moving out of the area, but we wish her all the best :)



Volunteer Vacancies

Chair Person

We are looking for someone who has:

- Knowledge of autism
- Knowledge of the charity sector and related networks including social services
- Commitment to the organisation
- Leadership skills
- Good people and communication skills, tact and diplomacy
- Integrity, ability to respect confidences,
- Experience of committee work and ability to run effective meetings
- Experience of representing an organisation and being comfortable in an ambassadorial role

The Chairperson's role is to ensure :

The Committee operates within the Constitution and fulfils its Purpose..

To lead and support the team.

To represent ASD Family Help as appropriate and to set the agenda and chair meetings

For more information:

Please email jayne@asdfamilyhelp.org or call 07733 601755

Staff Vacancies

We run a variety of activities for autistic children/adults and their families throughout the week and are increasing our team to meet the needs of our members

Activity Leader

Part time approx. 2 - 4 hrs a week. £10ph

We are looking for someone who can:

- Support autistic children/young adults
- Positively help our members to develop social skills and confidence
- Be confident leading group activities and organising staff/volunteers
- Travel to locations across Wokingham borough
- Be organised, punctual, communicate well and good with people

The role will include:

- Help to run activities, ensuring members get the most out of the group
- Provide support to other staff and volunteers
- Take payments & keep accurate records of money and attendances
- Be responsible for safeguarding and health & safety during the sessions
- Administering first aid / medication as required (training provided)

Hours available are regular Monday, Wednesday and Friday's & occasional Thursday's after school, plus a monthly Thursday evening adult social group and occasional day's out. These sessions will be worked on a rota agreed in advance with the team.

For more information or an application form: email jayne@asdfamilyhelp.org or call 07733 601755.

Activity Worker

Part time approx. 2 - 4 hrs a week. £7.83ph

We are looking for someone who can:

- Support autistic children/young adults
- Positively help our members to develop social skills and confidence
- Be a confident role model and participate in activities
- Travel to locations across Wokingham borough
- Be organised, punctual and good with people

The role will include:

- Helping at activities, ensuring members get the most out of the group
- Provide support to our activity leader, other staff and volunteers
- A strong awareness of safeguarding and health & safety during sessions

Hours available are regular Monday, Wednesday and Friday's & occasional Thursday's after school, plus a monthly Thursday evening adult social group and occasional day's out. These sessions will be worked on a rota agreed in advance with the team.

For more information or an application form:

Please email jayne@asdfamilyhelp.org or call 07733 601755.

Events/Activities

Parent/Carers Drop in Coffee Morning

Every Monday 10.30am-12.pm (Except Bank Holidays) Children Welcome.

Woodley Youth & Community Centre
Hurricane Way. Woodley Rg5 4UX

Family Fun Drop in Session (Term Time Only)

Usually 2nd Wednesday of the month.

4.30pm—6.30pm

Our House. Building For the Future,
Toutley Road. Wokingham

Teen Club 12yrs-18yrs (Term Time Only)

Must be booked in advance

Usually 1st and 3rd Wednesday of the month.

4.30pm—6.30pm

Emmbrook

Please note:

We like to meet with all young people before they start our activities

(except Woodley Mondays, exclusive bowl & 3Frogs).

Booking is also essential.

Please email: rachael@asdfamilyhelp.org
for more details

Laser Tag - 8yrs & over (Term Time Only)

Must be booked in advance

Usually the 4th Wednesday of the month.

6pm—7.30pm

Martial Arts — 5yrs & over (Term Time Only)

Must be booked in advance

Every Friday 7pm—8pm

Finchampstead

Every Monday (6pm—7pm (Except Bank Holidays)

Woosehill

3 Frogs Club Wokingham — Over 18yrs

Usually 3rd Thursday of the month

7pm—10pm

Three Frogs Pub

222 London Road Wokingham

3 Frogs Club West Berks — Over 18yrs

Usually 4th Monday of the month

6.30pm—9.30pm

The Crucible

Newbury

ASD Family Help

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*Our events are open to all
affected by:*

**ASD /ADHD / OCD / ODD
Learning Difficulties**

Learning Disabilities

Complex Needs (PMLD)

Facebook.com/ASDFamily
www.asdfamilyhelp.org

Contact us;

Jayne - jayne@asdfamilyhelp.org 07733 601755

Staff/Volunteers Co-Ordinator. Family/Adult/Activities Support

3 Frogs Club Wokingham Co-Ordinator

Theresa - therea@asdfamilyhelp.org 07553 291114

Family Liaison & Support Worker

Rachael - rachael@asdfamilyhelp.org

Child & Families Activities Co-Ordinator (Wokingham)

Briony - briony@asdfamilyhelp.org 07554 303328

West Berkshire Co-Ordinator (including 3Frogs Club West Berks)

